



Academic Programs Booklet

College of Health and Sport Sciences

2023-2024

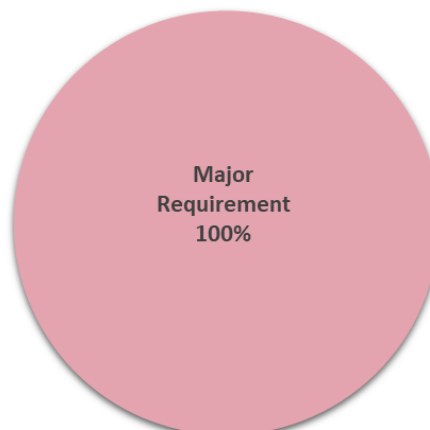
Prepared By: VP For Academic Programs and Graduate Studies Office

College of Health and Sport sciences.....

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Postgraduate Diploma in Midwifery Program Components

Course Type	CRD
University Requirement (UR)	-
College Requirement (CR)	-
General Studies Compulsory (GSCC)	-
Major Requirement (MR)	23
Major Elective (ME)	-
General Studies Elective (GSE)	-
Training (Internship) (TR)	Yes
Total Credit (CRD)	23



Detailed Study Plan

Year 1 - Semester 1

Course Code	Course Title	Course Hours				Course Type	Pre requisite	Co-Requisite	Major GPA
		LEC	LAB	CLN	CRD				
MWF501	Antenatal Care	3	0	0	3	MR	-	-	Yes
MWF502	Antenatal Care Practicum	0	0	6	2	MR	-	MWF501	Yes
MWF508	Women's Health Issues	2	0	0	2	MR	-	-	Yes
MWF511	Leadership and Management in Midwifery	2	0	0	2	MR	-	-	Yes

Year 1 - Semester 2

Course Code	Course Title	Course Hours				Course Type	Pre requisite	Co-Requisite	Major GPA
		LEC	LAB	CLN	CRD				
MWF503	Intrapartum Care	3	0	0	3	MR	MWF501& WF502	-	Yes
MWF504	Intrapartum Care Practicum	0	0	6	2	MR	MWF501& WF502	MWF503	Yes
MWF506	Neonatal Care	2	0	0	2	MR	MWF501& MWF502	-	Yes
MWF509	Advanced Midwifery Practicum	0	0	9	3	MR	MWF501& MWF502	-	Yes

Year 1- Semester 3

Course Code	Course Title	Course Hours				Course Type	Pre requisite	Co-Requisite	Major GPA
		LEC	LAB	CLN	CRD				
MWF505	Postpartum Care & Family Planning	2	0	0	2	MR	MWF503& MWF504	-	Yes
MWF507	Postpartum & Neonatal care Practicum	0	0	6	2	MR	MWF503& MWF504 & MWF506	MWF505	Yes
MWF510	Consolidated Midwifery Practicum	0	0	0	0	TR	MWF509	-	No

Course Description

Course Code: MWF501**Course Title: Antenatal Care**

This course introduces the students to the care of women during the antenatal stage of pregnancy. They will review the anatomy and physiology of reproduction and pregnancy. It is structured based on the best evidence-based practices on the assessment and management of normal pregnancies and early identification of deviations from the expected obstetrical course as well as complications and emergencies.

Course Code: MWF502**Course Title: Antenatal Care -Practicum**

This course provides the student with the opportunity to apply the theoretical knowledge learned by conducting antenatal examinations and care to women with normal and complicated pregnancies in the antenatal clinics of primary health care settings, hospital antenatal, and labor wards. Students will practice their role as health educators by arranging antenatal educational classes at the antenatal clinics.

Course Code: MWF503**Course Title: Intrapartum Care**

This course will introduce the students to the process of normal childbirth as well as complications that may arise during childbirth. It also allows the student to apply evidence-based competencies in meeting the needs of women, fetus, neonates, and their families during the intrapartum period.

Course Code: MWF504**Course Title: Intrapartum Care -Practicum**

This course will provide the student with the opportunity to apply the theoretical knowledge learned for, supervision, care, and management of the pregnant woman from admission, and delivery to transfer to the postnatal area. The focus is on an independent study of the normal intrapartum period with recognition of intrapartum complications, application of emergency procedures, and referral for medical assistance.

Course Code: MWF505**Course Title: Postpartum Care and Family Planning**

This course will develop the knowledge and competencies needed to effectively provide safe postpartum care to women, their newborns, and their families. Emphasis is placed on the management and care of the normal woman including assessment of departures from normal and their implications for medical care. It also covers the different methods of contraception and their effectiveness within Islamic culture. The course also includes the identification of harmful cultural practices and beliefs affecting maternal and newborn healthcare and the role of the Nurse-Midwife in promoting optimal health and preventing disease for women and their newborns in the community settings.

Course Code: MWF506**Course Title: Neonatal Care**

This course focuses on the nurse-midwifery practice as it relates to the assessment and care of apparently normal newborns with the identification of potential problems or abnormalities for the earliest possible referral. It includes topics such as neonatal extra-uterine adaptation, thermoregulation, and assessment of normal newborns as well as specialized nursing care to sick and high-risk newborns.

Course Code: MWF507**Course Title: Postpartum and Neonatal Care- Practicum**

This course focuses on the assessment and care of apparently normal mothers and newborns with the identification of potential problems or abnormalities for the earliest possible referral. Students will apply postpartum and neonatal care in the clinical area with a focus on postpartum assessment, family planning, nutritional needs for new mothers, and postnatal exercise as well as neonatal assessment of normal and high-risk newborns.

Course Code: MWF508**Course Title: Women's Health Issues**

This course focuses on the basic principles and application of well-woman care and a broad range of health disorders experienced by women throughout their life spans. It presents and explores developmental health problems as well as the fundamentals of gynecological care, health screening, sexual dysfunction, infertility, and menstrual cycle disturbances based on evidence-based care.

Course Code: MWF509**Course Title: Advanced Midwifery Practicum**

In this course, students are given the opportunity to consolidate their clinical skills in the labor ward and reach a competency level by practicing independently. The students will incorporate critical thinking, clinical reasoning, and clinical judgment using a code of ethics; advanced technology, and clinical pathways in providing holistic care for women during their childbearing journey.

Course Code: MWF510**Course Title: Consolidated of Nurse Midwifery**

In this course, students are allowed to consolidate their clinical skills in the labor ward and reach a competency level by practicing independently. The students will incorporate critical thinking, clinical reasoning, and clinical judgment using a code of ethics; advanced technology, and clinical pathways in providing holistic care for women during their childbearing journey. Supervision is largely carried out by the mentor and ward supervisor and the student is expected to function as a team member.

Course Code: MWF511**Course Title: Leadership and Management in Midwifery**

In this course, students are given the opportunity to understand leadership and management as fundamental to ensuring future leaders can positively influence midwifery practice and health outcomes within their area of practice. It will also give a chance for the students to critically examine and analyze contemporary models and frameworks for leadership and management. The students will discuss issues, challenges, and their economic, and socio-cultural impact on contemporary midwifery practice. Additionally, concepts and skills such as power, autonomy, empowerment, clinical decision-making, mentoring, and coaching also will be examined.