Academic Programs Booklet

College of Health and Sport Sciences

2024-2025

College of Health and Sport Sciences

Bachelor of Science in Nursing (Completion)

Program Components

Course Type	CRD
University Requirement (UR)	**2**
College Requirement (CR)	**3**
General Studies Compulsory (GSCC)	
Major Requirement (MR)	**32**
Major Elective (ME)[1]	**2**
General Studies Elective (GSE)[2]	
Training (Internship):	**No**
Total Credit (CRD)	**39**
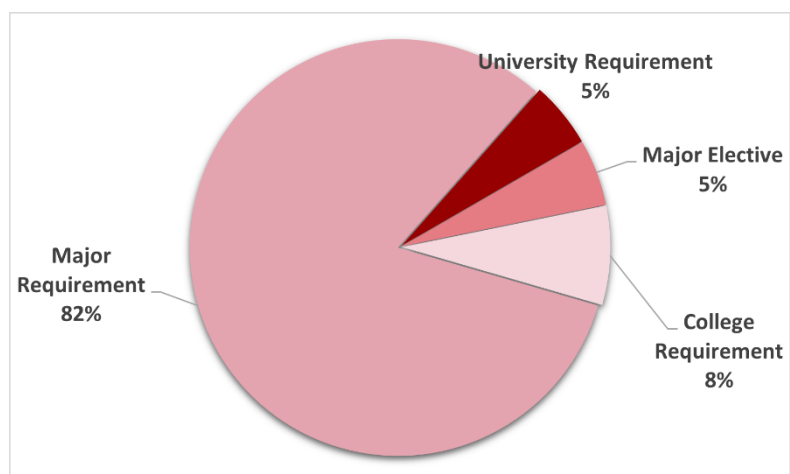
Detailed Study Plan

Year 1 - Semester 1

Course Code	Course Title	Credit	Contact Hours			Course Type	Pre requisite	Major GPA
			LEC	Lab	Clinical			
HRLC107	Human Rights	2	2	0	0	UR	None	No
NUR210	Health Assessment	4	2	4	0	MR	None	Yes
NUR220	Gerontological Nursing	3	3	0	0	MR	None	Yes
STAT 272	Introduction to Biostatistics	3	2	3	0	CR	None	No

Year 1 - Semester 2

Course Code	Course Title	Credit	Contact Hours			Course Type	Pre requisite	Major GPA
			LEC	Lab	Clinical			
NUR312	Nursing Research and Evidence-Based Practice	3	2	2	0	MR	STAT272	Yes
NUR313	Mental Health Nursing	3	3	0	0	MR	None	Yes
NUR320	Obstetrics and Gynecological Nursing	3	3	0	0	MR	None	Yes
NUR322	Pediatric Nursing	3	3	0	0	MR	None	Yes

Year 2 - Semester 3

Course Code	Course Title	Credit	Contact Hours			Course Type	Pre requisite	Major GPA
			LEC	Lab	Clinical			
NUR329	Technology in Nursing	2	2	0	0	MR	None	Yes
NUR418	Essentials of Critical Care Nursing	2	2	0	0	MR	NUR210	Yes
NUR430	Health policy and Nursing leadership	3	3	0	0	MR	None	Yes
NUR 422	Integrative Practicum II	6	0	0	18	MR	NUR 322	Yes

Major Elective Courses

Course Code	Course Title	Credit	Contact Hours			Course Type	Pre requisite	Major GPA
			LEC	Lab	Clinical			
NUR324*	Transcultural Nursing	2	2	0	0	ME	None	yes
NUR325*	Counselling	2	2	0	0	ME	None	yes

* The students can select one of the elective courses

Course Description

Course Code: NUR210   **Course Title: Health Assessment**

Develop theoretical knowledge, skills, and attitudes to conduct a health assessment of an adult client. Practice history-taking skills and different methods of physical examination. Apply critical thinking and effective communication skills while conducting a comprehensive health assessment to evaluate the health status of an adult client.

Course Code: NUR220   **Course Title: Gerontological Nursing**

Scrutinize the basic concepts of gerontological nursing and its social implications. Develop awareness about the clients in older adulthood stages of the human life cycle. Explore the older adult's needs and problems facing the current generation of older adults and minimize dependency.

Course Code: NUR312   **Course Title: Nursing Research and Evidence Based Practice**

Comprehend the research process related to professional nursing practice. Explore both quantitative and qualitative methodologies with a focus on how to conduct research related to the area of practice. Apply the ethical considerations and philosophical underpinnings of research. Integrate the basic research skill in literature review, research methodologies, data collection and analysis methods.

Course Code: NUR313   **Course Title: Mental Health Nursing**

Explore the basic concepts, principles, and theories related to various mental health disorders. Provide comprehensive nursing care for clients with mental health disorders. Develop a positive attitude toward the prevention, treatment, and rehabilitation of mental illness.

Course Code: NUR320   **Course Title: Obstetrics and Gynecological Nursing**

Develop knowledge and competencies on the concepts and principles of obstetrics and gynecological nursing, which comprise antenatal, intra-natal, postnatal care, and family planning, including assessment and immediate care of the normal newborn. Identify the highrisk pregnancy and gynecological conditions of women in different stages of their lives. Utilize the nursing process approach as a framework to meet the reproductive health care needs of women.

Course Code: NUR322   **Course Title: Pediatric Nursing**

Explore the common pediatric medical/surgical problems in Bahrain. Apply the principles of growth and development and identify the deviations from normal in common childhood illnesses. Provide comprehensive nursing care to children from conception to adolescence in medical/surgical and critical care settings. Utilize the nursing process and family-centered care approach as a framework to promote, maintain, and restore the health of pediatric clients and their families.

Course Code: NUR329   **Course Title: Technology in Nursing**

Develop knowledge required for using information technology and health care data management systems in nursing education, practice, and research. Utilize information technology in nursing care, decision-making, quality improvement initiatives, and client education. Apply the professional, legal, and ethical challenges surrounding the use of informatics in nursing practice.

Course Code: NUR418   **Course Title: Essentials of Critical Care Nursing**

Scrutinize the various acute and critical health problems affecting adults' patients with cardiovascular, pulmonary, nervous, digestive, and endocrine systems. Acquire advanced health assessment skills to effectively provide comprehensive nursing care for critically ill patients.

Course Code: NUR430 **Course Title: Health policy and Nursing leadership**

Comprehend the concepts, principles, and theories of nursing management and leadership. Implement strategic management interventions at diverse healthcare facilities. Apply contemporary managerial and leadership skills in various health care settings.

Course Code: NUR422 **Course Title: Integrated Nursing Practicum II**

Consolidate the theoretical knowledge and clinical competencies acquired from different nursing fields throughout the program. Provide competent, holistic, and evidence-based nursing care at any clinical area under supervision. Apply critical thinking, clinical decision-making skills at various clinical settings

Major Elective Courses Descriptions

Course Code: NUR325   **Course Title: Counselling**

Employ the basic concepts of counseling and self-awareness required for interacting with individuals. Implement therapeutic communication techniques, self-awareness, counselling, and its process in clients' interview. Explore therapeutic relationship and ethical issues in nursing practice. Acquire knowledge and counselling skills in managing the clients in various situations.

Course Code: NUR324   **Course Title: Transcultural Nursing**

Explore specific transcultural nursing concepts, principles and strategies to help the students in making nursing clinical decisions. Assess cultural care differences and similarities among cultures to provide culturally congruent and competent nursing care. Utilize transcultural nursing theory to discover and guide nursing care practices.

University Requirements Courses Descriptions

Course Code: HRLC 107   **Course Title:** Human Rights Principles

This course deals with the principles of human rights in terms of the definition of human rights, scope, sources with a focus on the International Bill of Human Rights; The Charter of the United Nations; Universal Declaration of Human Rights; The International Covenant on Economics, Social and Culture rights; Convention against Torture and other Cruel, Inhuman or Degrading Treatment or Punishment; Mechanics and the Constitutional Protection of Rights and Public Freedoms in Kingdom of Bahrain.

College Requirement Courses Descriptions

Course Code: STAT272   **Course Title: Introduction to Biostatistics**

Descriptive statistics, some basic probability concept, discrete and continuous probability distribution, estimation, hypothesis testing: one and two sample interference, analysis of variance, Inference of categorical data, simple linear and multiple regression and correlation, logistic regression, use statistical packages.